

REGISTRATION FORM

Lodging Options

Weekend Lodging _____ \$195

Weekend Private Room _____ \$215

*Early bird Lodging _____ \$185

*Early bird Lodging Private _____ \$205

***Must be received by 3/25/2025**

Commuter Saturday _____ \$55

Commuter Friday or Sunday _____ \$45

Name _____

Email _____

Phone _____

Gender _____ (cabin assignments)

**Retreat Fee _____ \$80

Lodging (enter amount) _____ \$

Or Commuter (enter amount) _____ \$

Scholarship _____ \$

(enter amount donated or received)

Amount Enclosed _____ \$

****Retreat fee can be paid on arrival. Please enclose payment for all other costs.**

Special Needs? _____

Food Intolerances? _____

Requesting a shared room? Please list name _____

REGISTRATION DETAILS

\$185 Early bird lodging paid by 3/25/2025

\$195 Lodging paid by 4/29/2025

\$20 Additional fee for private room

(available first come first serve)

Commuter Prices (no lodging)

➤ **\$55 commuter Saturday only**

(Includes lunch and dinner)

➤ **\$45 commuter Friday or Sunday**

(Includes dinner or brunch)

\$80 Retreat Fee

Checks Payable to:

Bitterroot Intergroup

Mail registration to:

Jackie S c/o BIG Spring Retreat

287 Northland Drive

Kalispell, MT 59901-3184

Limited number of scholarships available upon request. Please email bitterrootig@gmail.com for availability or if special payment arrangements are needed.

Full refunds/cancellations are possible up to 4/29/2025. After 4/29/2025 only the paid \$80 registration fee is refundable.

OA BITTERROOT INTERGROUP (BIG) SPRING 2025 RETREAT

12 STEPS OF THE BIG BOOK

May 16 – 18, 2025

Friday evening to Sunday noon

**FLATHEAD LAKE
LUTHERAN BIBLE CAMP
550 Lutheran Camp Road
Lakeside, MT 59922**

<https://flbc.net>

TENTATIVE RETREAT SCHEDULE

FRIDAY

5:00 PM Registration

6:15 Evening meal

7:15 Speaker

SATURDAY

8:15 Breakfast

10:15 Speaker

12:15 Lunch

Afternoon is free to enjoy as you wish. Options include recreation, rest, relax, read, write, meet new friends, sauna, fireside, hiking!

5:30 Evening meal

6:45 Speaker

8:00 Fellowship time – Options include: Puzzles, fireside, games, singing

SUNDAY

Pack up and prepare for departure

10:00 Brunch

11:00 Speaker and farewells

12:00 Departure

12 STEPS OF THE BIG BOOK

No matter what state of recovery or step you are in this retreat is for YOU! Whether you are new to Overeaters Anonymous, have long-time abstinence, or are in relapse you will be inspired, encouraged, and strengthened in your journey.

- **COME EXPECTING . . . LEAVE ENCOURAGED**
- **WHAT TO BRING**
 - ✓ AA BIG BOOK
 - ✓ OA 12 X 12
 - ✓ Journal & pencil
 - ✓ Sleeping bag & pillow
 - ✓ Towel & wash cloth
 - ✓ Shower shoes
 - ✓ Swim suit for sauna
 - ✓ Toiletries
 - ✓ Rain jacket/warm jacket
 - ✓ Sturdy walking shoes
 - ✓ Water bottle

- ✓ Flashlight & batteries
- ✓ Games (optional)
- ✓ Musical instruments (optional)
- ✓ Money for possible raffle and/or staff tip

LOCATION

Retreat Address

FLATHEAD LAKE
LUTHERAN BIBLE CAMP
550 Lutheran Camp Road
Lakeside, MT 59922

<https://flbc.net>

CONTACT US

Retreat information and Scholarships
email: bitterrootiq@gmail.com
Attention: Jackie S.

VIST OUR WEBSITE:

www.montana-overeatersanonymous.org